

| <b>2023-24 Forreston/Polo Cross Country Schedule</b> |                          |                                  |          |       |
|------------------------------------------------------|--------------------------|----------------------------------|----------|-------|
| Date                                                 | Opponent                 | Location                         | Time     | Event |
| M, Aug 7                                             | Practice Begins          |                                  |          |       |
| T, Aug 22                                            | Rock Falls Invite        | Centennial Park                  | 4:30 PM  |       |
| S, Sept 2                                            | Oregon Invite            | Oregon Park West                 | 10:00 AM |       |
| S, Sept 9                                            | Peoria 1st to the Finish | Detwiler Park                    | 10:00 AM |       |
| S, Sept 16                                           | Bureau Valley Invite     | BV Junior High                   | 9:00 AM  |       |
| W, Sept 20                                           | Oregon                   | Oregon Park West                 | 4:30 PM  |       |
| S, Sept 23                                           | Sterling Invite          | Woodlawn Arts Academy            | 10:00 AM |       |
| S, Sept 30                                           | Freeport Invite          | Highland CC                      | 10:00 AM |       |
| T, Oct 3                                             | Winnebago                | Fuller Forest                    | 4:30 PM  |       |
| M, Oct 9                                             | Amboy Invite             | Shady Oaks CC                    | 4:30 PM  |       |
| S, Oct 14                                            | NUIC XC Meet             | DuPec (Pecatonica Middle School) | 10:00 AM |       |
| S, Oct 21                                            | IHSA Regionals           | Rock Falls                       | TBA      |       |
| S, Oct 28                                            | IHSA Sectionals          | TBD                              | TBA      |       |
| S, Nov 4                                             | IHSA State Finals        | TBD                              | TBA      |       |
|                                                      |                          |                                  |          |       |